

FREE Cool  
Stuff!



Random  
Drawings

# THE **ZOO** STAMPEDE 5K RUN/WALK

## When

Saturday, April 19 at 9:00am; rain or shine

## Where

The Salisbury Zoo - East Gate

## Cost

\$18 in advance; \$20 day of race (check made out to the Salisbury Zoo)

Free Long Sleeve Tech Shirts

to the first 125 applicants

## Registration

For pre-registration mail in application to the Salisbury Zoo  
(P.O. Box 2979, Salisbury, MD 21802) or visit VP SHOES. Race day registration  
will be held at the Zoo's East Gate between 7:30am and 8:30am

## Packet Pickup

VP SHOES - Friday, April 18, 2008 - 5pm to 7pm or on race day  
at the Zoo - 7:30am to 8:30am

## Awards

Overall winners and top finisher's in each age category.  
Categories include: 12 & under, 13-19, 20-29, 30-39,  
40-49, 50-59, 60-69, 70 & over

For more information call Mary Seemann  
at 410-860-6880, ext. 8

sponsored by



## WAIVER ON RACE APPLICATION

I know that running/walking or volunteering for a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Eastern Shore Running Club, Vernon Powell Shoe Co., New Balance Athletic Shoe, Inc., Eastdale Enterprises LLC, its officers and agents, the City of Salisbury, all sponsors, their representatives and successors, including the Road Runners Club of America, its officers, directors, agents and employees, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

SIGNATURE

DATE

PHONE #

PARENT SIGNATURE IF UNDER 18

DATE

NAME

CIRCLE (MALE / FEMALE)

AGE

T-SHIRT SIZE

ADDRESS

CITY

STATE

ZIP

Cut and mail back to zoo with check